



AMERICAN EGG BOARD



BRUNCH FOR LUNCH

Monday



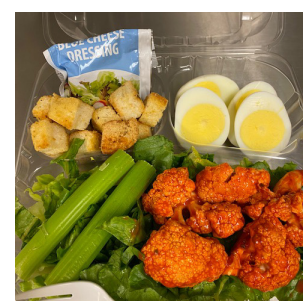
Egg, Sausage and Cheese on a Pretzel Bun
Whitesboro ISD, TX

Tuesday



Sunrise Omelet
Urbandale SD, IA

Wednesday



Buffalo Cauliflower with Eggs
Gretna SD, NE

Thursday



Hash Brown Egg Sandwich
Cornwall Lebanon SD, PA

Friday



Breakfast Burrito with Green Avocado Salsa
South Pasadena USD, CA

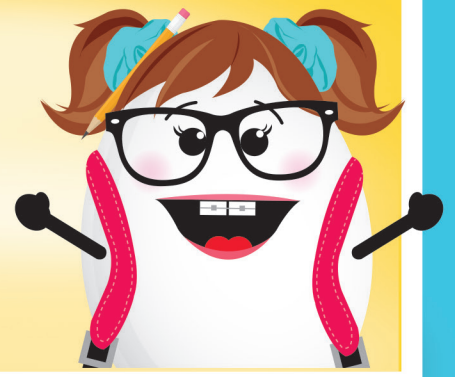
TIPS & TRICKS

1. Switch out a regular bun for an on-trend and tasty pretzel bun.
2. Get creative with fresh, local vegetables by showcasing your omelet in a pepper ring.
3. Students love this on-trend, grab n' go cauliflower box with real, recognizable ingredients.
4. Increase the vegetables and the fun by using a hash brown patty as a bun.
5. Brunch grab n' go menu items work great for classroom and cafeteria feeding!



DID YOU KNOW?

EGGS PROVIDE ESSENTIAL NUTRIENTS FOR TEENAGERS LIKE PROTEIN AND CHOLINE.



Recipes at incredibleegg.org/5Days5Ways