Name $\qquad$ Class $\qquad$ Date $\qquad$

Eggs Part 1: Hens in the United States produce more than 75 billion eggs each year. Eggs can vary in size, but each contains the same three parts and an abundance of nutrients.

## Fill in the Blank

1. Eggs all share the same basic characteristics. Name two characteristics that all eggs share:
$\qquad$ and $\qquad$ .
2. The color of the $\qquad$ depends on what the hen eats.
3. The size of eggs vary, based on the $\qquad$ and $\qquad$ of the hen laying them.
4. Albumens, or egg whites, are at their best when they are $\qquad$ and $\qquad$ .
5. Grade AA and A eggs normally are sold at grocery stores, while Grade B eggs are made into liquid eggs or $\qquad$ .

## True or False

1. On average, hens produce about 365 eggs per year.
2. There is approximately one egg-laying hen for every person in the United States.
3. Yolks contain all the protein found in an egg.
4. The eggshell is made of calcium carbonate.
5. At about 17 cents per egg, eggs are the most affordable source of protein on the planet.

Extension: According to USDA guidelines, eggs are graded and labeled as AA, A, and B. Find out what characteristics these grades are based on.

