

"Eggs Part 1" Video Review



Name	Class	Date

Eggs Part 1: Hens in the United States produce more than 75 billion eggs each year. Eggs can vary in size, but each contains the same three parts and an abundance of nutrients.

Fill in the Blank

1. Eggs all share the same basic characteristics. Name two characteristics that all eggs share:

and		-		
2. The color of the	depends on what	the hen eats.		
3. The size of eggs vary, based on	the	_ and	of the hen laying the	em.
4. Albumens, or egg whites, are at	their best when th	ey are	_ and	_•
5. Grade AA and A eggs normally	are sold at grocery	stores, while Grade E	3 eggs are made into	liquid
eggs or	•			
True or False				
1. On average, hens produce abou	it 365 eggs per yea	ar.		
2. There is approximately one egg	-laying hen for eve	ry person in the Unite	d States.	

3. Yolks contain all the protein found in an egg.

4. The eggshell is made of calcium carbonate.

5. At about 17 cents per egg, eggs are the most affordable source of protein on the planet.

Extension: According to USDA guidelines, eggs are graded and labeled as AA, A, and B. Find out what characteristics these grades are based on.