



# BREAKFAST

in the  
Classroom



Monday



**Warm HBE  
& Toast**

- Orange County SD, FL

Tuesday



**Egg-a-Doodle-Do  
Breakfast Muffin**

- Des Moines PS, IA

Wednesday



**Cold HBE &  
Breakfast Bar**

- Hillsborough County SD, FL

Thursday



**Blue Ribbon  
Blueberry Muffins**

- Jefferson County SD, KY

Friday



**Egg &  
Avocado Toast**

- Staunton City SN, VA

## TIPS & TRICKS



- Did you know you can warm up hard-boiled eggs? We do now, thanks @OCPS.
- You can use so many great local & USDA Foods with homemade muffins.
- Muffins can be sweet or savory; offer each to please more kids.
- Naming your creations builds your brand & sales.
- Avocados are available fresh or frozen — and so on-trend — kids will wait in line for them.

EGGS  
in  
Schools

START  
their day with  
Breakfast  
for...



Increased

Concentration  
Learning  
Attention  
Memory & More!

Decreased

Tardiness  
Behavioral Issues  
Absenteeism

DID YOU KNOW?

EGGS  
BOOST  
BRAINPOWER!



Recipes at [AEB.org/5Days5Ways](http://AEB.org/5Days5Ways)