



BREAKFAST at school

Scrambled Eggs



Monday

Cuban Toast with Scrambled Eggs & Grits



- Hillsborough County SD, FL

Tuesday

Breakfast Burrito



- Loudoun County PS, VA

Wednesday

Cheesy Egg & Potato Breakfast Taco



- Chicago Public Schools, IL

Thursday

Breakfast Bowl



- Clark County SD, NV

Friday

Lowcountry Breakfast



- Charleston County SD, SC

Physical activity helps classroom focus.

EGGS in Schools

POWER UP your school day with eggs!

DID YOU KNOW?

Eggs have protein, vitamins & minerals that **give you energy.**